



NORTH WEST

AVERAGE VALUE OF FOOD AND NON-FOOD BASKETS WITHIN THE NORTH WEST

// JANUARY 2015 - SEPTEMBER 2015

	QTY	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	JAN/SEP AVE
FOOD ITEMS											
Brown Bread 	700 g	9,99	8,89	10,25	10,30	9,44	9,24	10,52	10,52	10,60	6,1%
Poultry Products 	2 (kg)	41,50	45,49	46,95	45,49	39,99	41,47	44,44	46,17	48,02	15,7%
White Bread 	700 g	11,76	10,49	11,22	11,28	10,09	10,20	10,20	11,53	11,74	-0,1%
Maize Meal 	5 (kg)	32,47	29,49	30,99	32,25	33,24	34,69	34,69	34,25	33,99	4,7%
Tomatoes 	1 (kg)	13,00	12,50	13,50	12,00	11,99	14,00	111,49	15,00	14,49	11,5%
Beef & Veal 	1 (kg)	17,49	43,49	52,49	52,67	47,47	51,88	47,78	65,89	60,48	245,8%
Cabbage Fresh 	1 head	8,99	10,50	10,73	11,50	10,49	13,50	10,50	10,50	12,49	38,9%
Fresh Full Cream Milk 	1 Litre	13,00	10,99	11,22	15,75	14,24	15,97	15,00	18,79	16,24	25,0%
Potatoes 	1 (kg)	13,25	13,50	13,99	13,50	12,29	14,50	14,50	14,50	15,00	13,2%
Maas 	2 Litre	22,74	21,74	22,49	24,35	21,24	22,74	23,49	27,85	26,49	16,5%
Cooking Oil 	2 Litre	29,24	30,99	35,70	35,74	29,74	30,20	29,66	34,85	27,09	-7,4%
Mixed Vegetables 	1 (kg)	29,49	27,87	30,09	31,99	29,99	35,25	28,55	21,99	29,49	0,0%
Rice 	2 (kg)	18,97	23,34	21,22	22,09	21,49	22,99	22,30	23,00	21,99	15,9%
White Sugar 	2.5 (kg)	26,49	27,99	25,99	27,50	29,59	33,24	33,24	31,97	31,24	17,9%
Large Eggs 	6 Eggs	6,50	11,07	11,75	12,00	10,99	10,99	10,99	11,74	8,99	38,4%
Canned Pilchards 	400 g	18,24	15,47	17,74	18,63	15,57	16,49	17,99	18,24	18,12	-0,7%
Onions 	1 (kg)	10,00	8,75	9,37	10,00	9,24	11,00	11,00	11,00	10,24	2,5%
Salt 	500 g	8,52	7,59	7,74	9,24	8,22	8,22	8,99	9,50	8,22	-3,5%
Tagless Teabags 	100 g	16,22	15,62	14,15	17,22	16,74	18,00	17,89	18,84	16,74	3,2%
Apples 	1. 5 (kg)	17,24	15,49	21,70	20,79	17,50	19,74	18,99	18,49	17,50	1,5%
Baked Beans 	410 g	10,34	7,69	8,24	11,49	7,74	9,74	8,99	9,74	8,74	-15,5%
Margarine Spread 	500 g	21,24	15,74	16,24	20,47	18,89	20,70	21,99	22,99	20,89	-1,6%
Mayonnaise 	750 g	19,39	19,49	18,49	19,24	19,74	18,29	19,99	19,74	19,24	-0,8%
Bread Flour 	10 (kg)	77,43	50,99	92,93	82,23	73,50	73,00	88,92	92,49	87,49	13,0%
Instant Yeast 	200 g	5,68	5,49	6,12	6,22	7,49	8,24	7,99	8,34	8,49	49,5%

Sugar Beans		500 g	15,24	13,24	12,45	13,74	14,64	15,00	14,99	16,30	14,69	-3,6%
Mealie-Samp		2.5 (kg)	18,97	21,99	31,45	34,49	24,84	28,79	25,77	27,84	24,34	28,3%
Coffee		250 g	27,98	30,00	19,93	33,00	32,36	32,99	33,00	33,99	21,95	-21,5%
Juice		2 Litre	26,49	26,49	26,50	25,99	26,99	27,99	26,99	27,99	26,99	1,9%
FOOD BASKET TOTAL			587.86	582.38	651.63	681.16	625.74	669.05	770.84	714.04	671.98	14.3%
NON-FOOD ITEMS												
Washing Powder		2 (kg)	49,49	49,99	52,99	51,49	56,99	52,90	52,99	53,97	56,50	14,2%
Toothpaste		100 g	9,74	15,49	10,74	10,74	9,74	11,49	10,00	9,74	9,49	-2,6%
Toilet Paper		9 Rolls	37,74	41,99	42,99	44,50	46,49	45,72	45,99	49,48	48,99	29,8%
Body Cream / Gel		100 g	17,22	17,49	16,99	15,24	17,49	18,00	15,99	30,99	16,99	-1,3%
Body Soap		200 g	11,74	10,99	11,99	14,99	11,99	11,50	11,99	15,24	11,99	2,1%
Deodorant		50 ML	12,97	15,49	15,24	15,87	16,74	17,99	13,00	14,24	16,24	25,2%
Sanitary Towels & Tampons		10's	18,74	19,99	15,74	17,97	14,24	17,24	18,00	18,34	15,49	-17,3%
Matches		1 Pack	9,74	12,24	8,22	9,49	8,97	9,79	8,99	14,49	9,97	2,4%
Paraffin		1 Litre	13,25	10,38	10,57	13,05	11,58	11,80	11,00	10,00	11,75	-11,3%
Candles		1 Pack	16,24	12,89	15,74	16,49	15,72	16,70	16,70	17,00	15,74	-3,1%
NON-FOOD BASKET TOTAL			196.87	206.94	201.21	209.83	209.95	213.13	204.65	233.49	213.15	8.3%
TOTAL BASKET COST			784,67	789,30	852,79	890,93	835,67	882,09	975,49	947,46	885,10	12,8%

*All values are expressed in South African Rands or a percentage thereof

FIGURE 1: Shows the Rand value of **Food Baskets** and **Non-Food Baskets** in the North West from January 2015 to September 2015.

