



LIMPOPO

AVERAGE VALUE OF FOOD AND NON-FOOD BASKETS WITHIN LIMPOPO

// JANUARY 2015 - SEPTEMBER 2015

	QTY	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	JAN/SEP AVE
FOOD ITEMS											
Brown Bread 	700 g	9,00	9,00	9,00	9,40	9,25	9,00	9,75	9,50	9,75	8,3%
Poultry Products 	2 (kg)	48,98	48,98	48,98	50,00	51,00	48,00	44,00	44,00	44,50	-9,1%
White Bread 	700 g	11,00	10,25	11,25	12,50	11,50	10,00	12,00	11,25	12,00	9,1%
Maize Meal 	5 (kg)	33,00	43,00	29,50	47,50	47,50	26,00	30,50	34,50	36,00	9,1%
Tomatoes 	1 (kg)	17,99	8,50	16,99	10,00	16,99	3,00	12,99	16,99	16,99	-5,6%
Beef & Veal 	1 (kg)	53,95	50,98	51,55	52,49	48,99	55,58	58,72	50,55	53,21	-1,4%
Cabbage Fresh 	1 head	15,50	14,50	14,50	14,50	14,50	12,00	14,50	14,00	11,00	-29,0%
Fresh Full Cream Milk 	1 Litre	17,00	12,75	11,68	15,95	11,70	17,00	11,45	15,95	15,95	-6,2%
Potatoes 	1 (kg)	8,00	35,00	35,00	10,00	13,50	6,95	7,50	7,50	7,50	-6,3%
Maas 	2 Litre	35,50	18,50	18,50	29,99	20,00	39,95	18,00	23,48	34,50	-2,8%
Cooking Oil 	2 Litre	39,75	39,75	39,75	39,75	33,25	38,50	37,25	39,75	37,25	-6,3%
Mixed Vegetables 	1 (kg)	18,99	25,99	25,99	18,99	25,00	22,99	20,99	25,99	18,99	0,0%
Rice 	2 (kg)	24,50	23,90	27,00	24,50	27,00	29,00	27,00	24,00	28,00	14,3%
White Sugar 	2.5 (kg)	25,12	27,75	27,75	28,25	27,75	28,50	29,00	29,25	29,25	16,4%
Large Eggs 	6 Eggs	6,97	10,17	8,75	10,50	8,94	9,00	7,21	8,25	8,50	21,9%
Canned Pilchards 	400 g	15,99	16,50	16,50	15,50	17,00	18,00	17,50	15,25	17,50	9,4%
Onions 	1 (kg)	14,99	16,99	16,99	10,00	17,99	2,00	17,99	12,99	12,99	-13,3%
Salt 	500 g	5,12	8,75	8,75	9,45	7,35	3,50	9,45	9,45	9,45	84,5%
Tagless Teabags 	100 g	14,12	28,45	22,95	34,95	28,69	29,90	29,25	29,70	23,80	68,5%
Apples 	1.5 (kg)	22,99	23,99	23,99	12,00	16,99	2,00	18,49	19,99	19,99	-13,0%
Baked Beans 	410 g	7,99	8,75	8,75	8,75	8,75	8,50	8,75	8,75	8,75	9,4%
Margarine Spread 	500 g	20,50	18,25	20,25	20,50	18,58	20,50	20,25	18,75	18,75	-8,6%
Mayonnaise 	750 g	22,25	22,75	25,00	25,00	22,75	26,50	24,75	22,25	21,75	-2,2%
Bread Flour 	10 (kg)	94,74	94,74	94,74	106,49	92,49	93,50	106,49	105,74	117,98	24,5%
Instant Yeast 	200 g	5,49	4,25	4,25	4,25	3,30	3,00	4,00	4,35	4,35	-20,9%

Sugar Beans		500 g	12,87	29,00	29,00	29,00	12,62	43,00	29,00	29,00	12,87	0,0%
Mealie-Samp		2.5 (kg)	18,25	20,25	20,25	19,50	19,50	19,50	20,15	17,74	20,15	10,4%
Coffee		250 g	24,12	20,75	32,47	34,20	29,78	30,00	38,09	32,62	32,62	35,2%
Juice		2 Litre	22,50	22,50	22,50	22,50	19,75	18,00	22,50	22,50	23,00	2,2%
FOOD BASKET TOTAL			667.17	714.94	722.58	726.41	682.41	673.37	707.52	704.04	707.34	6.0%
NON-FOOD ITEMS												
Washing Powder		2 (kg)	38,45	39,95	44,95	44,95	41,45	39,90	43,45	39,95	44,95	16,9%
Toothpaste		100 g	9,00	10,00	10,00	14,00	16,00	11,00	10,50	16,00	14,50	61,1%
Toilet Paper		9 Rolls	3,50	42,50	53,50	53,50	38,50	42,00	42,00	42,50	23,25	564,1%
Body Cream / Gel		100 g	37,75	37,75	32,25	35,50	37,75	28,50	37,75	37,75	37,75	0,0%
Body Soap		200 g	13,00	11,25	13,00	11,40	13,00	14,50	13,00	13,00	8,90	-31,6%
Deodorant		50 ML	18,15	18,25	17,75	15,75	18,15	15,50	17,75	17,75	15,50	-14,6%
Sanitary Towels & Tampons		10's	17,99	21,49	21,49	21,49	22,99	18,99	22,99	22,99	22,99	27,8%
Matches		1 Pack	5,25	5,25	5,25	5,25	5,25	5,00	5,25	5,25	5,25	0,0%
Paraffin		1 Litre	13,00	13,00	13,00	13,00	13,00	13,00	13,25	13,25	13,00	0,0%
Candles		1 Pack	15,15	15,15	15,15	15,15	15,50	15,50	15,50	15,50	15,50	2,3%
NON-FOOD BASKET TOTAL			171.24	214.59	226.34	229.99	221.59	203.89	221.44	223.94	201.59	17.7%
TOTAL BASKET COST			838.41	929.53	948.92	956.4	904	877.26	928.96	927.98	908.93	8,4%

*All values are expressed in South African Rands or a percentage thereof

FIGURE 1: Shows the Rand value of **Food Baskets** and **Non-Food Baskets** in Limpopo from January 2015 to September 2015.

