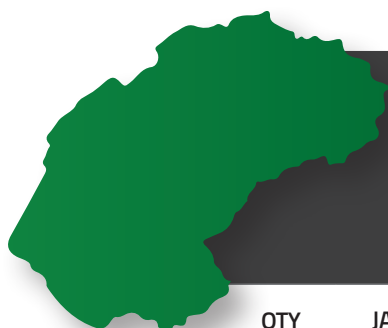




FREE STATE

AVERAGE VALUE OF FOOD AND NON-FOOD BASKETS WITHIN THE FREE STATE

// JANUARY 2015 - SEPTEMBER 2015

	QTY	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	JAN/SEP AVE
FOOD ITEMS											
Brown Bread 	700 g	11,49	11,24	11,24	10,14	10,24	10,24	9,49	10,39	10,39	-9,6%
Poultry Products 	2 (kg)	47,99	48,99	43,99	48,49	46,99	47,49	49,99	48,49	42,99	-10,4%
White Bread 	700 g	10,74	11,74	11,74	10,99	11,24	11,24	10,29	11,24	11,49	7,0%
Maize Meal 	1 (Kg)	30,99	36,99	35,49	34,49	36,49	38,99	44,99	40,49	29,49	-4,8%
Tomatoes 	1 (kg)	11,49	14,99	12,99	15,99	12,99	13,49	12,99	14,25	11,49	0,0%
Beef & Veal 	1 (kg)	52,99	53,49	51,49	44,99	51,99	49,99	59,99	51,49	34,99	-34,0%
Cabbage Fresh 	1 Head	8,99	9,99	8,99	10,99	9,49	9,99	10,99	10,49	7,99	-11,1%
Fresh Full Cream Milk 	1 Litre	14,49	14,49	10,99	13,49	13,99	14,49	14,99	14,99	11,75	-18,9%
Potatoes 	1 (kg)	11,00	16,49	9,99	10,99	11,49	10,99	9,99	9,99	10,99	0,0%
Maas 	2 Litre	19,99	21,49	20,49	19,49	19,99	19,49	21,99	21,99	19,49	-2,5%
Cooking Oil 	2 Litre	30,99	33,49	28,49	31,99	26,99	29,49	27,99	34,99	32,39	4,5%
Mixed Vegetables 	1 (Kg)	33,99	32,99	30,99	31,49	32,49	33,99	32,99	30,49	29,99	-11,8%
Rice 	2 (kg)	22,99	25,49	19,49	22,99	23,99	21,99	27,99	21,99	20,44	-11,1%
White Sugar 	2.5 (Kg)	26,99	27,99	27,49	25,49	30,49	32,49	31,99	29,99	28,49	5,6%
Large Eggs 	6 Eggs	9,99	11,99	12,49	11,49	10,99	12,49	10,99	12,49	11,24	12,5%
Canned Pilchards 	400 g	15,49	14,49	14,49	15,99	15,94	16,44	17,99	15,49	16,99	9,7%
Onions 	1 (kg)	5,99	7,49	6,49	7,49	7,99	7,49	8,99	7,99	9,50	58,6%
Salt 	500 g	5,75	6,49	6,24	5,99	6,49	6,99	6,99	5,99	5,74	-0,1%
Tagless Teabags 	100 g	18,99	16,99	15,49	13,49	13,49	14,49	14,79	14,74	17,49	-7,9%
Apples 	1. 5 (Kg)	24,49	24,99	19,99	20,99	20,49	18,99	19,99	18,49	18,49	-24,5%
Baked Beans 	410 g	8,89	8,99	7,99	9,49	8,44	8,75	8,99	8,49	8,19	-7,9%
Margarine Spread 	500 g	20,99	21,99	18,49	20,99	18,25	19,49	24,99	21,50	19,49	-7,1%
Mayonnaise 	750 g	21,49	20,99	18,49	20,49	20,99	22,49	23,99	20,99	19,99	-7,0%
Bread Flour 	10 (kg)	77,49	79,49	81,49	82,99	87,49	85,99	89,99	89,99	87,99	13,6%
Instant Yeast 	200 g	3,25	3,24	4,49	3,24	3,14	3,14	3,49	3,24	2,75	-15,4%

Sugar Beans		500 g	13,99	13,99	13,49	13,49	12,49	13,49	14,99	13,49	11,99	-14,3%
Mealie-Samp		2.5 (kg)	18,61	14,49	18,49	20,25	17,39	30,49	21,00	18,99	17,99	-3,3%
Coffee		250 g	18,44	29,49	28,49	25,99	30,99	31,99	33,99	34,49	31,99	73,5%
Juice		2 Litre	20,49	19,99	18,49	19,49	17,49	18,49	26,99	17,99	19,99	-2,4%
FOOD BASKET TOTAL			619.46	654.96	608.96	623.87	630.92	655.57	694.82	655.63	602.19	-2.8%
NON-FOOD ITEMS												
Washing Powder		2 Kg	38,49	40,99	47,99	42,49	38,49	39,99	42,99	39,99	42,49	10,4%
Toothpaste		100 g	9,99	8,99	8,49	9,99	9,75	8,99	9,99	9,99	9,99	0,0%
Toilet Paper		9 Rolls	53,99	42,49	40,99	43,49	36,49	34,49	32,99	35,49	36,49	-32,4%
Body Cream / Gel		100 g	26,49	23,49	22,49	23,49	24,99	23,49	31,99	23,99	22,49	-15,1%
Body Soap		200 g	10,99	15,49	9,99	10,49	10,99	9,99	9,99	10,49	9,99	-9,1%
Deodorant		50 ML	16,89	15,49	15,75	15,49	15,99	16,99	17,99	16,99	13,49	-20,1%
Sanitary Towels & Tampons		10's	15,99	14,99	15,99	16,99	16,24	14,99	19,99	16,49	14,99	-6,3%
Matches		1 Pack	6,50	5,75	6,49	6,99	7,49	8,49	6,99	7,99	6,74	3,8%
Paraffin		1 Litre	15,19	13,70	14,62	15,25	11,49	14,99	13,05	15,99	14,49	-4,6%
Candles		1 Pack	15,99	16,49	14,49	15,49	15,99	16,49	17,99	17,49	15,49	-3,1%
NON-FOOD BASKET TOTAL			210.51	197.87	197.29	200.16	187.91	188.9	203.96	194.9	186.65	-11.3%
TOTAL BASKET COST			829.95	852.82	806.25	824.02	818.82	844.47	898.77	850.52	788.83	-5.0%

*All values are expressed in South African Rands or a percentage thereof

FIGURE 1: Shows the Rand value of *Food Baskets* and *Non-Food Baskets* in the Free State from January 2015 to September 2015.

